# AHA PHYSICIAN LEADERSHIP EXPERIENCE

The AHA Physician Leadership Experience helps

COURSE ROAD MAP

The AHA Physician Leadership Experience helps participants create a new professional strategy to offset the demands of the fast-paced health care environment.

Participants create new skills, patterns and rituals that intentionally create equilibrium between the competing dimensions of their lives. Participants learn to elevate their personal leadership in every aspect of these dimensions, regaining control of what truly matters most in life and work.

## The Physician Leadership Experience provides:

- Guided examination of current experience (life and work) revealing barriers, patterns and blind spots embedded in demands of work.
- Personal and professional insights informed by executive coaching team that inform authentic ways to influence an individual's future career and personal path.
- Tools to create a new foundation that facilitates greater satisfaction and life/work fulfillment.

## READINESS

COLORADO SPRINGS // OCT 30 - NOV 1

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Preparation exercises, pre-course coaching session and group conference call to prepare participants and maximize the experience.

## **3-DAY IMMERSION**

2

Intensive and engaging group learning experience that guides participants through the creation of a new way to lead in their lives and careers.

# PRACTICAL APPLICATION

3

Real-world practice, tools and connection with fellow participants for support, encouragement and accountability.

# **SIGN UP TODAY!**

#### EARLY BIRD REGISTRATION \$3,500 BY OCTOBER 1.

Registration \$5,000 for AHA members. Visit aha.org/physicians to reserve your spot.

# **CAPSTONE SESSION**

4

Two-hour video session reflecting on lessons learned along with coaching support to expand the experience into a life-long practice.









This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical education through the joint providership of the American Board of Quality Assurance and Utilization Review Physicians,

Inc. (ABQAURP) and the American Hospital Association (AHA). ABQAURP is accredited by the ACCME to provide continuing medical education for physicians.

The American Board of Quality Assurance and Utilization Review Physicians, Inc. designates this live activity for a maximum of **24.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ABQAURP is an approved provider of continuing education for nurses. This activity is designated for 24.5 contact hours through the Florida Board of Nursing, Provider # 50-94.

# **NICHOLAS BEAMON**

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Nicholas Beamon specializes in organizational culture building healthy and effective teams, and developing highly capable leaders. Nicholas brings 20 years of corporate banking experience to his consulting work. In his role as a senior vice president for a national bank he was responsible for strategic development, execution of major business lines, executive recruiting strategy and senior talent development.

Nicholas has a finance degree from the University of South Carolina and an MBA from the McColl School of Business at Queens University in Charlotte, NC. He is married with two sons. When he is not enjoying being immersed in his life's work, he spends a lot of his free time coaching on the baseball field.

# TOM JENIKE, M.D.

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Tom Jenike, MD, is a family physician and serves as Senior Vice President and Chief Human Experience Officer for Novant Health in addition to being a member of the NHmg Executive Team.

Tom received his BA from the University of Colorado, Boulder, and his medical degree from The Ohio State University. He is a Diplomat of the American Academy of Family Physicians and an associate professor at The University of North Carolina College of Medicine.

He is married with two college-aged children. He enjoys reading, exercising and traveling. When not engaged in his passion of growing, developing and mentoring leaders, his favorite place is on the golf course with his son Jake and daughter Sophie.

# **TESTIMONIALS**

### FROM PAST PARTICIPANTS OF THE ONETEAM LEADERSHIP EXPERIENCE

"This program saved my career. But what's really important is that it saved my marriage, my relationship with my kids, and most likely MY LIFE. Thank you from the bottom of my heart." – Physical Medicine and Rehabilitation Physician

"You've invested 7-10 years of training for a career that is likely to last 40 years. Wouldn't it be worth a few more days to ensure that you enjoy it?" – Family Physician

Learn how Novant Health created their physician resiliency program and expanded it to support employees across the organization.





