Behavioral Health Digital Landscape: Representative Solutions

Digital technology is an emerging opportunity to address Americans' growing behavioral health needs and the shortage of providers. The efficacy of digital solutions needs to be CpenBeds* **Valera**Health thoroughly tested as we look for more ways to screen, triage and treat individuals who are struggling with depression, stress and anxiety or coping with chronic illness. Some behav-**BE** BehaveCare Quartet (ioral health apps for patient self-care can be an effective adjunct to treatment, educating patients on how to manage their illnesses. Care coordination and network management concert health cleantrac tools and services can help care teams address many dimensions of health and optimize and scale programs for specific populations based on risk stratification. : wellth CARE COORDINATION **TRIDIUUM** SilverCloud **& MANAGEMENT** Ocatasys' happify **ADVANCED SCREENING** Transforming Access to Mental Healthcare
PSYCHEANALYTICS (my)Strength &TRIAGE PATIENT **SELF-CARE** omada INEUROFLOW® SHEALTHRHYTHMS* regroup **Ginger.io** lyra **TELEPSYCHIATRY TELETHERAPY** Marigold
HEALTH Cloud 9 **E NETWORK** betterhelp MANAGEMENT ies c genOa regroup Quartet (mindstrong **Ginger.io** Able To



Source: AVIA analysis for health systems and publicly available sources; market seg-

ments and solution companies are representative, not comprehensive; Q2/2019

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